

The following shows how our support packages are designed to meet the outcomes framework of Every Child Matters, in supporting young people to:

- ◆ Stay Safe
- ◆ Be Healthy
- ◆ Enjoy and Achieve
- ◆ Make a Positive Contribution
- ◆ Achieve Economic Wellbeing

Aims	
Our aims in working with young people are to help them to manage their:	
▪ relationships with Outreach Workers and other professionals	√
▪ relationship with peers, neighbours etc.	√
▪ accommodation	√
▪ personal and domestic hygiene	√
▪ health	√
▪ budgeting	√
▪ training/education/recreation	√
▪ emotional well-being	√
▪ future plans	√
We contract with social services with the following explicit aims:	
▪ to provide real life experience and high quality independence training and support	√
▪ to tailor our support packages and accommodation to meet individuals needs	√
▪ to provide an adult role model that will be available to give support and advice when required	√
▪ to provide Young People with the chances to make informed choices about their lives	√
▪ to ensure that we only use staff who can demonstrate skills in child development, community involvement, youth justice, advocacy, motivational techniques, parenting, sexual health etc.	√
▪ to provide assessment, planning and review documents as specified by the service provision of each scheme	√
▪ to provide a detailed monthly/bi-monthly report on each Young Person	√
▪ to attend regular meetings with referring agencies to discuss the placement and progress of the individual	√
▪ to offer 24 hour telephone access to an Outreach Worker	√

Objectives

Specific objectives with young people will include some or all of the following:

▪ to develop independent living skills	√
▪ to increase self-esteem and sense of self-worth	√
▪ to assist in personal development	√
▪ to develop positive peer group relations	√
▪ to develop appropriate relationships with authority figures	√
▪ to decrease a criminal mind set and behaviour	√
▪ to increase and diversify a young person's recreational and leisure activities	√
▪ to teach the young person to use their spare time in a more constructive manner	√
▪ to develop a sense of responsibility and accountability for their own behaviour	√
▪ to increase social skills, problem solving skills, communication skills and self care skills	√
▪ to decrease impulsive, out of control behaviour and increase their ability to manage it	√
▪ to develop appropriate expressions of sexuality in the young person	√

Outcomes

A Young Person, on completion of any of the listed programmes will:

▪ have had regular contact with an Outreach worker	√
▪ have been shown how to access GP and Dental services	√
▪ have been given the opportunity to improve numeracy and literacy skills	√
▪ have been accompanied to seek work, education or training	√
▪ have produced a CV	√
▪ have been shown how to complete a job application form	√
▪ have been given various interview techniques and tips	√
▪ have been helped to obtain NI number and birth certificate	√
▪ have been shown how to apply for Welfare Benefits	√
▪ have been accompanied to career, benefit advice agencies and job centres	√
▪ have had experience of using public transport on a regular basis	√
▪ have had experience of drawing up realistic budgets	√
▪ have had experience of purchasing gas/electricity	√
▪ have been shown how to access and arrange provision of utilities	√
▪ have been made aware of issues around fire safety	√
▪ have been accompanied on regular shopping trips	√
▪ have had experience of menu planning and given information on nutrition	√
▪ have been shown on how to prepare and cook basic meals	√
▪ have been shown how to carry out basic household duties (cleaning, ironing, etc)	√
▪ have had experience and help to use leisure time appropriately	√
▪ have been given information on general health issues	√
▪ have been given information about sexual health, pregnancy and contraception	√
▪ have been supported to identify and access counselling services where appropriate	√